

The FOOD and CULTURE of Canada Provinces and Territories

Individually or in your Cooking Groups, check out these websites to research the topics below:

- https://en.wikipedia.org/wiki/Canadian_cuisine
- <https://www.foodnetwork.ca/canada-day/photos/must-try-canadian-foods-by-province/#!ultimate-nanaimo-bar>
- <http://www.macleans.ca/society/life/12-foods-canada-has-given-the-world-besides-poutine/>
- http://www.huffingtonpost.ca/2013/06/28/canadian-food_n_2869764.html
- <http://canada.angloinfo.com/lifestyle/food-and-drink/regional-cuisine/>
- <https://theculturetrip.com/north-america/canada/articles/10-signature-canadian-dishes-and-where-to-try-them/>

TOPICS to cover in your PRESENTATION

- REGION:** In your Cooking Group, choose a region of Canada
- FOOD PRODUCTION:** Research food production in your region (what crops grow there, what food is made/produced there, climate/geography influences, what animals/fish are common, etc)
- CUISINE:** Research the “cuisine” in your province/territory (Common dishes)
- CULTURAL INFLUENCES:** Human factors, like the movement of people and the presence of distinct cultural groups, also plays a role in regional cuisine. Research and consider the past and present immigrant groups in your region.
 - Is there evidence of these cultures in your local cuisine? (for example, types of foods families prepare; types of foods available in local supermarkets; types of restaurants in your community; types of foods you’ve tried before).
- RECIPE:** Next, choose a food that is unique to your province/territory and find the recipe (with images!) a) What are the origins of the dish? b) What is the cultural significance of the dish? c) Where are the ingredients produced?
- RESTAURANT SEARCH:** Can you find a restaurant in Toronto/GTA that has a dish or cuisine from your province/territory? We want to know where we can find it! If you can’t find a Toronto restaurant, share a local restaurant from your region that celebrates local cuisine.

- ❑ Make a short Google Slides/Powerpoint presentation to share the research you've done (consider using the headings above to help organize your research), include your recipe; AND include visuals throughout!
- ❑ Your presentation must have ONE element that is interactive with the audience (your class) You may want to show a quick video (or parts of it), maps, data, a physical demonstration, etc
- ❑ Present to class over Zoom!
- ❑ **Cite resources in APA format**
(https://owl.purdue.edu/owl/research_and_citation/mla_style/mla_formatting_and_style_guide/mla_formatting_and_style_guide.html)
- ❑ **Due Monday March 8th at 2:10pm (Day 1)**
- ❑ **Everything must be in your own words!**